

## PHYSICAL/MEDICAL STANDARDS

General Physical/ Medical Standards to become an Airmen are as follows:-

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MANDATORY MEDICAL STANDARDS	
Weight	Weight should be proportionate to height and age as applicable for IAF.
Chest	Minimum chest circumference should be 77 cm and the chest expansion must be at least <b>05 cm</b> .
Hearing	Candidate should have normal hearing i.e. able to hear forced whisper from a distance of 06 meters by each ear separately.
Dental	Should have healthy gums, good set of teeth and minimum 14 dental points.
General Health	Candidate should be fit for the Air Force, must conform to the medical standards. Candidate should be of normal anatomy without loss or deformity of any appendages. He should be free from any active or latent, acute or chronic, medical or surgical disability or communicable disease, infection and skin ailments. Candidate shall be physically and mentally FIT to perform duty in any part of the world, in any climate and terrain.
Gender	Any candidate if found to have predominant characteristics of the opposite gender as evident on external physical examination, will be rejected as <b>Unfit</b> . Any candidate having undergone gender reassignment surgery will be declared <b>Unfit</b> .

**Height & Visual standards.** Visual standards and minimum acceptable height for Medical Assistant and Medical Assistant (Pharmacist) for recruitment are as follows:-

Trade	Height in cms (min)	Maximum limits of Refractive error	Visual Acuity	Colour Vision
Medical Assistant and Medical Assistant (Pharmacist)	152 cms	Not exceeding $\pm 3.50D$ including Astigmatism	6/36 each eye, correctable to 6/6 each eye	CP-II

**Note-1.** Candidates should bring latest prescription (not older than one month) and spectacle for corrected vision, if used. The prescription must bear the diopter measurement, name, signature, stamp and registration number of Ophthalmologist. Date of prescription should be within a month prior to appearing for medical examination.

**Note-2.** Candidate with history of LASIK/ PRK will not be accepted.

## MEDICAL EXAMINATION

1. **Medical Examination.** Candidates who qualify Adaptability Test-II shall be issued with medical appointment letter by respective ASCs. Medical examination shall be conducted by Air Force Medical Team as per Indian Air Force medical standards in IAF Publications and policy in vogue on subject issue. Medical examination would also include Baseline investigations of:-

- 1.1. Blood Haemogram - Hb, TLC, DLC, Platelets.
- 1.2. Urine RE/ ME.

1.3. Biochemistry:-

- 1.3.1. Blood Sugar Fasting / Post Prandial.
- 1.3.2. Serum Cholesterol.
- 1.3.3. RFT- Serum Urea, Uric Acid, Creatinine.
- 1.3.4. LFT- Serum Bilirubin, SGOT, SGPT.

1.4. Radiograph Chest (PA view).

1.5. ECG (R).

1.6. Any other investigation deemed necessary by the Recruiting Medical Officer.

2. Candidates declared medically unfit can avail the option for 'Appeal Medical Board' (AMB) against their unfitness by depositing ₹40/- in a Government Treasury/ RBI/ SBI through Electronic Military Receivable Order (e-MRO)/ Military Receivable Order (MRO). The application for AMB along with original copy of e-MRO/ MRO, photocopy of Unfitness certificate are to be submitted to the representative of ASC within three working days of medical examination.

3. The Recruitment Medical Officer and the specialist doctors of Armed Forces are the final authorities on declaring a candidate Fit or Unfit during initial medical examination, Appeal Medical Board and Medical Examination prior to Enrolment.

4. The candidates shall be governed by Armed Forces Medical standards which may be at variance from civil standards. There is no provision for representation or review after the Appeal Medical Board.

**Note-1.** Candidates are advised to get tartar and stains removed from their teeth before appearing for the medical examination. Ears should be free of wax. Candidates should be prepared to stay for the medical examination for four to five days under their own arrangement. No TA/ DA shall be admissible.

**Note-2.** Passing in the medical examination is not a guarantee for employment in Indian Air Force.

**Note-3.** Request for change of Medical Examination Centre or Date of Medical Examination shall not be entertained.